



## PATIENT PRE-OPERATIVE INSTRUCTIONS

**Please arrive at the clinic one-half-hour prior to your scheduled procedure time.** Please call office **at least 24 hours prior** to procedure if you need to cancel, otherwise a **\$50 cancellation fee will be charged.**

**Instructions to Follow Prior To Procedure:** Please read completely!!!

1. Please arrive on time. If you are over 15 minutes late your appointment will be cancelled.
2. If you are insured by a managed care program HMO, PPO, or if you have Medicaid under a clinic plan, it will be necessary for **you** to contact your primary care physician, notify him/her of your procedure/appointment date, and request a referral form for this appointment/procedure. Please have the referral form faxed to us at **313-833-8477**. **Check with your physician's office two days prior to your procedure to verify that they have faxed this to us.**
3. You **MUST** have a responsible person to drive you home. Your procedure will be cancelled if you do not have a driver. If you receive sedation you must have a responsible person (relative or friend) to accompany you home.
4. Take nothing by mouth after midnight, the night before your procedure. No gum, candy, food, liquids, not even water. If your procedure is scheduled in the afternoon, you may have liquids only until 8:00 am.
5. If you are **NOT HAVING** any type of sedation or anesthesia, you can eat normally the day of procedure. Please notify the staff if you prefer not to have sedation.
6. You **MAY** take prescription medicines with small sips of water.
  - **Diabetic patients:** **DO NOT TAKE** any insulin prior to coming to the Clinic. Please bring your insulin and testing supplies with you.
  - **Asthma patients:** please bring your inhaler(s).
7. If you are taking any "**blood thinners**" (such as Coumadin, Levonox, Plavix, Ticlid, etc.) make sure you tell your University Pain Clinic physician. These medications will need to be discontinued for several days prior to your procedure and blood work may need to be drawn.
8. You **MAY** brush your teeth and rinse your mouth without swallowing any water the morning of your procedure.
9. Leave your valuables and jewelry at home. Please bring your glasses with you, if you need them to read.
10. To maintain cleanliness of the injection site, please bathe or shower the night before or morning of the procedure and wear loose fitting, comfortable clothing that can be easily folded for storage. Bring or wear a clean pair of socks to wear during your procedure.
11. Call **University Pain Clinic** at **313-745-PAIN (7246)** with any questions you may have.
12. Family members will not be allowed in the procedure area before or after the procedure.
13. **NOTIFY THE CLINIC IMMEDIATELY IF YOU ARE TAKING ANTIBIOTICS.**